TEACHING APPROACHES AND FACULTY DEVELOPMENT IN BUSINESS EDUCATION: A SYSTEMATIC NARRATIVE REVIEW

APPROCCI DIDATTICI E FACULTY DEVELOPMENT NELLA BUSINESS EDUCATION: UNA REVISIONE NARRATIVA SISTEMATICA



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ABSTRACT

This systematic narrative review explores how teaching and learning approaches (T&LAs), educational technologies (ETs), and faculty development initiatives (FDIs) may impact business students' learning and employability. Based on 62 studies, results highlight that experiential learning methods are the most effective ones. However, limited data on ETs and FDIs and methodological heterogeneity prevented a meta-analysis. Future studies are needed to strengthen the evidence found.

Questa revisione narrativa sistematica esplora in che modo gli approcci didattici (T&LAs), le tecnologie educative (ETs) e le iniziative di Faculty Development (FDIs) possano influenzare l'apprendimento e l'occupabilità nella business education. L'apprendimento esperienziale risulta il metodo più efficace. Tuttavia, la scarsità di dati su ETs e FDIs e l'eterogeneità metodologica hanno impedito la conduzione di una meta-analisi. Pertanto, sono necessari ulteriori studi per rafforzare le evidenze emerse.

KEYWORDS

Business Education; Teaching and Learning Approaches; Educational Technologies; Faculty Development; Employability Skills.
Business Education; Approcci didattici; Tecnologie educative; Faculty Development; Competenze di occupabilità.

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1. Introduction

The rapid technological advancements and the volatility of the global economy have created a highly competitive and ever-changing labour market that requires a hyperspecialized and dynamic workforce equipped with excellent technical and professional skills (Tushar & Sooraksa, 2023; Saleem et al., 2024). In this scenario, Higher Education Institutions (HEIs) play a crucial role in preparing students to become future leaders and drive innovation, by quipping them with the skills necessary to be competitive and employable (Kubičková et al., 2025).

There is a growing concern from employers worldwide about the inability of graduates to match current and future job demands (Nasreen et al., 2024).

The present study is conducted in the context of Business Education (BE) that is education for and about business. It provides knowledge and understanding of economic, financial, marketing, accounting, and management systems, while also developing transversal skills such as leadership, entrepreneurship, and communication (Akpomi et al., 2024). Business Schools (BSs) are institutions specialized in providing business and management education (Kaplan, 2018) and thus BSs, in order to meet labour market changes and employers' expectations, should leverage new collaborative and interactive tools, teaching and learning approaches (T&LAs), and curricula that foster global engagement, industry connection, and transparency (Baldegger et al., 2022). Moreover, faculty efficiency and empowerment (FD) are the foundation for effective educational outcomes, which indirectly influence student learning and their employability (Ghasemi et al., 2023; Iqbal et al., 2024). Finally, also Educational Technologies (ETs) play an important role since they have the potential to strengthen teaching and learning dynamics, support the development of students' self-regulation and self-efficacy, foster greater participation and engagement, and contribute to increased student involvement (Bond et al., 2020). These are considered all crucial elements to prepare work-ready graduates.

Therefore, the present research intends to identify and analyse the existing and main T&LAs, ETs and FD Initiatives applied in BE, and in BSs more specifically, to consequently define how they can impact student learning and their employability. The study has been conducted through a systematic narrative review of the literature aimed to reply to the following research questions:

RQ1: To what extent can Teaching and Learning Approaches (T&LAs) improve business student learning and employability?

RQ2: To what extent can Educational Technologies (ETs) improve business student learning and employability?

RQ3: To what extent can Faculty Development Initiatives (FDIs) improve business student learning and employability?

2. Methods and materials

The review was carried out according to the PRISMA 2020 guidelines (Page et al., 2021). The search was performed on ERIC, JSTOR and Scopus databases, using the search terms and filters shown in Appendix 1. Furthermore, a manual search was conducted on the International Journal for Academic Development, International Journal of Management Education, The Journal of Business Education, and Google Scholar. Inclusion and exclusion criteria of papers followed the PICOS framework and are specified in table 1.

| Key features | Inclusion criteria | Exclusion examples |
|----------------|-----------------------|--|
| Population | Business education | The study involved courses other than those |
| | courses and | related to business education such as tourism, |
| | business institutions | informatics, engineering; the study dealt with |
| | (universities, BSs, | school education. |
| | HEIs) | |
| Intervention | Teaching | The study dealt with traditional teaching and |
| | approaches; | learning approaches; analogical tools; faculty |
| | Educational | training in other subjects other than BE. |
| | technologies, | |
| | Faculty | |
| | Development | |
| | Initiatives | |
| Outcome | Student's learning | / |
| | Student's | |
| | employability/empl | |
| | oyability skills | |
| Study Design & | Qualitative/quantita | / |
| Statistical | tive studies | |
| analysis | | |
| Types of | Scientific journal | Books, Book Chapters, Thesis, Conference |
| publication | papers written in | proceedings and others like these have been |
| | English | excluded. |

Table 1. Inclusion and exclusion criteria

The search produced a total of 275 results, which after removing duplicates resulted in 232 items (see Figure 1). Throughout the whole screening and selection process (Figure 1) the papers undergone a peer blind review carried out by two independent reviewers.

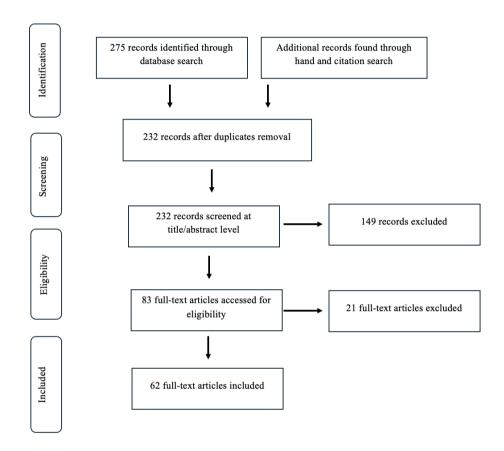


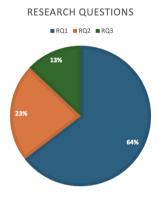
Figure 1. PRISMA Flow Diagram

The study findings were discussed through a structured narrative synthesis, which identified the main recurring themes and trends related to T&LAs, ETs, and FDIs. A structured narrative synthesis was also adopted for the discussion of the results from the quantitative studies. Due to methodological heterogeneity, variability in outcomes, and the absence of common aggregable statistics, a formal meta-analysis was not feasible; instead, a structured narrative synthesis was employed, grouping findings by outcome domain to capture consistencies and divergences across different contexts.

3. Results

This section provides an overview of the paper analysed according to research questions categories, teaching approaches and methods, educational technologies and studies' methodologies.

The 62 papers included in the review (Appendix 2) can be groups according to research questions categories, as shown in graph 1. RQ1, 2 and 3 count 40, 14 and 8 papers respectively.



Graph 1. Papers by RQs

Graphs 2 and 3 show the teaching approaches and methods applied in the selected studies.



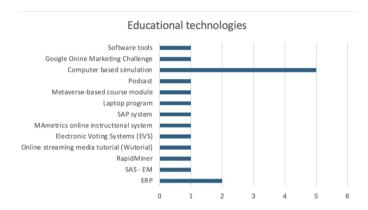
Graph 2. Experiential learning methods

Learning approaches



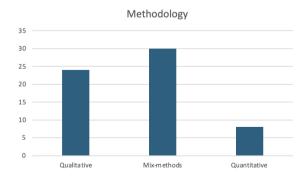
Graph 3. Teaching and learning approaches

Graph 4 shows the educational technologies applied in the selected studies.



Graph 4. Educational technologies

Graph 5 divides papers by the methodology applied.



Graph 5. Papers by methodology

4. Discussion

RQ1: To what extent can teaching and learning approaches improve business student learning and employability?

The reviewed studies for RQ1 illustrates a rich diversity of interventions employed within business education to foster both student learning and employability skills (graph 2 and 3). A dominant approach across the studies is the adoption of experiential learning (EL) methods, whereby students are actively engaged in realworld activities and professional environments. For instance, Fang and O'Toole (2023) integrated the United Nations Sustainable Development Goals (SDGs) into a capstone course using a project-based learning approach, enabling students to develop critical thinking, teamwork, and project management skills through direct collaboration with multinational companies. Similarly, Lantu et al. (2022) employed an experiential internship program within start-up environments, emphasizing the immersion of students in real work contexts to strengthen entrepreneurial, professional, and ethical competencies. A second recurring approach is projectbased learning connected to external clients and stakeholders. Liu and Olson (2011) designed real-client consulting projects that not only required the application of marketing theory but also cultivated teamwork, strategic analysis, and communication abilities. This approach often overlaps with action learning methodologies, as observed in Perusso et al. (2021), where undergraduate students engaged in solving ill-defined, complex business problems through structured reflection and mentorship. Simulations and business games represent the most prevalent EL method. Studies such as those by Costin et al. (2018) and Thompson and Noble (2017) utilized business simulations to simulate decision-making under pressure and to train students to manage team disruptions and adapt to dynamic changes, thereby enhancing resilience and adaptability. These simulated environments provide a low-risk yet highly authentic context for students to develop crucial soft and hard skills demanded by employers. Team-based and collaborative learning experiences also feature prominently among the interventions reviewed. Butler and Zander (2008) proposed a model for multicultural team collaboration that improved students' conflict resolution skills and cross-cultural competence. In a similar vein, Giraud-Carrier et al. (2021) developed the SPARRING model, promoting deliberate practice through teamwork, simulations, and industry projects to sharpen critical thinking and real-world problem-solving capabilities. Work-integrated learning (WIL) and internship programs, such as those studied by Elijido-Ten and Kloot (2015) and Narayanan et al. (2010), further underscore the effectiveness of direct industry engagement. These experiences not only refine technical and soft skills but also bridge the gap between academic learning and professional practice, significantly enhancing students' career readiness and employment prospects. Reflective and feedbackdriven pedagogies, including co-designed peer review processes as in Houldsworth et al. (2024), are another integral component across many interventions. Embedding reflective writing and peer feedback opportunities fosters critical selfawareness, self-regulation, and meta-cognitive development, which are increasingly recognized as vital for lifelong learning and career adaptability. In terms of employability skills, critical thinking and problem-solving (Hammer & Green, 2011; Giraud-Carrier et al. 2021; Fang & O'Toole, 2023), teamwork and communication (Butler & Zander, 2008; Liu &Olson, 2011), leadership development and emotional intelligence (Dixon, 2014; Costin et al., 2018), adaptability and resilience (Thompson & Noble, 2017) emerge as the most consistently enhanced capabilities across interventions. In relation to student learning, the studies reported heightened student motivation, greater engagement with the curriculum, and the strengthening of professional identity, suggesting that experiential and active learning approaches foster a deeper and more sustainable form of learning (Kong, 2021; Gallop et al., 2023; Kaul, 2024).

Structured narrative synthesis of quantitative results

Table 2 graphically syntheses the results of the quantitative and mix-methods studies.

| Study | Measured | Data Type | Main Results | Significance | Analytical |
|----------------|--------------------|--------------|------------------|-------------------|---------------|
| | Outcome | | | | Method |
| Lester et al. | Perceived value | Standardize | β = 0.28 (skill | p < 0.05 | SEM |
| (2005) | of service- | d | variety), β = | | |
| | learning | coefficients | 0.59 (task | | |
| | | (β) | significance) | | |
| Narayanan | Student | Standardize | β = 0.42 | p < 0.01 | Multiple |
| et al. (2010) | satisfaction in | d | (motivation), β | | regression |
| | internships | coefficients | = 0.33 | | |
| | | (β) | (support) | | |
| Berdrow & | Intercultural | IES score | Increase in IES | Descriptive only | Longitudinal |
| Bird (2018) | effectiveness | change | scores from | | assessment |
| | | | sophomore to | | |
| | | | senior | | |
| Parker et al. | Career learning | Likert | Relationship | p < 0.05 | Survey + |
| (2008) | via peer | survey | quality → | (estimated) | correlation |
| | coaching | | perceived | | |
| | | | career | | |
| | | | improvement | | |
| West et al. | Skills via | Survey + | Perceived | No statistics | Descriptive |
| (2021) | Bloomberg use | qualitative | increase in | reported | survey |
| ` ′ | | feedback | technical skills | , | , |
| Al-Shammari | Cognitive, | Kruskal- | Game > essay | p < 0.05 | PCA + |
| (2022) | affective, and | Wallis | in all skill | · | nonparametric |
| ` ′ | interactive skills | ANOVA | domains | | ANOVA |
| Arora (2012) | SCM + | Case study | Improvement | n.s. | Qualitative |
| ` ' | marketing | , | in soft skills | | assessment |
| | learning | | and critical | | |
| | | | thinking | | |
| Bakhru | Teaching- | QFD+ | Experiential > | No inferential | Descriptive |
| (2018) | learning | survey | other methods | statistics | QFD |
| (====, | alignment | | | | |
| Cowley | Digital | Views + | Greater | n.s. | Mixed |
| (2017) | marketing skills | self- | engagement | | measures |
| (====, | | assessment | and strategic | | |
| | | 455555116116 | skills | | |
| Elijido-Ten & | Perception of | Survey+ | Positive WIL | Descriptive only | Mixed- |
| Kloot (2015) | WIL in | interview | experience for | | methods case |
| | accounting | data | students and | | study |
| | accounting | uutu | employers | | J.Cac, |
| Emblen- | Sustainability | Reflection + | Increased | Descriptive only | Living Lab + |
| Perry (2019) | knowledge and | survey | knowledge, | 2 coch part conly | reflective |
| . 511 y (2013) | skills | Julvey | skills and | | analysis |
| | CIIING | | engagement | | anaiyəiə |
| | | | engagement | | |

| Freyn et al. | Engagement | Survey + | Enhanced | Descriptive | Qualitative |
|---------------|-------------------|---------------|-----------------|------------------|------------------|
| (2021) | and team-based | thematic | collaboration | 2 000. Ipuito | content |
| (2021) | learning | analysis | and learning | | analysis |
| | icuriii b | anarysis | through | | ariarysis |
| | | | experience | | |
| Kaufman et | Global | Survey | GMP > Study | Comparative, | Program |
| al. (2011) | marketing | (Likert + | Abroad in skill | no inferential | comparison |
| ai. (2011) | competence | comparison | and business | stats | survey |
| | competence | \ | experience | stats | Survey |
| Inamdar & | Applied, | Survey | Applied > | p < 0.05 | Descriptive + |
| Roldan | practical, | (Likert) | Reflective; | p < 0.05 | inferential |
| | reflective skills | (Likert) | , | | stats |
| (2013) | reflective skills | | variation by | | stats |
| Marris O. Da | Deflection and | 0 | background | - 10 OF | * * * - |
| Masui & De | Reflection and | Quasi- | ↑ reflection | p < 0.05 | t-tests + effect |
| Corte (2005) | attribution | experiment | and attribution | | size |
| | | al | skills, better | | |
| | | | academic | | |
| | | | performance | | |
| Rahma et al. | Professional | Survey + | Higher | Descriptive | Action |
| (2020) | etiquette, | observation | grooming, | | research |
| | engagement | | attention, and | | (scaffolding) |
| | | | participation | | |
| Reynolds et | Creative | Survey + | Creative tasks | Descriptive + | Survey + rubric |
| al. (2013) | thinking & | rubric | enhanced | Likert | assessment |
| | integration | scoring | learning and | | |
| | | | critical skills | | |
| Rupavijetra | Career skills & | Survey + | ↑ skills, | Descriptive only | Project-based |
| et al. (2022) | entrepreneurshi | focus group | knowledge, | | learning |
| | р | | satisfaction | | evaluation |
| | | | (90–100%) | | |
| Tambunan | Intrapreneurshi | Experiment | Case method | p < 0.05 | Field |
| et al. (2024) | p skills | al field data | enhanced | | experiment |
| | | | intrapreneurial | | with MSME |
| | | | thinking | | cases |
| Zhang et al. | Business | Pre- and | Increased | p < 0.05 | Pre-post |
| (2024) | analytics | post-course | engagement, | | survey analysis |
| | learning | surveys | satisfaction, | | |
| | (engagement, | | and learning | | |
| | satisfaction) | | interest | | |
| Cheng et al. | Capstone | Student | GPA diversity | p < 0.05 | Regression |
| (2020) | project group | records + | positively | | analysis |
| | performance | survey | related to | | • |
| | | | project grades; | | |
| | | | nationality | | |
| | | | diversity | | |
| | | | | | |
| | | | negatively | | |

| Ferreras- | Entrepreneurial | Questionna | Generic | p < 0.05 | Partial Least |
|---------------|-------------------|------------|-----------------|----------------|-----------------|
| Garcia et al. | competencies | ire (PLS | competencies | | Squares (PLS) |
| (2021) | development | analysis) | → Specific | | modeling |
| | | | competencies | | |
| | | | \rightarrow | | |
| | | | Entrepreneuria | | |
| | | | I competencies | | |
| Ismail et al. | Entrepreneurial | Pre- and | Teacher- | p < 0.05 | Quasi- |
| (2018) | skills | post-test | centered > | | experimental |
| | development | (quasi- | Student- | | design |
| | | experiment | centered for | | |
| | | al) | skill | | |
| | | | development | | |
| Treleaven & | Graduate | USE survey | Increased | Small | Descriptive + |
| Voola (2008) | attributes | (Likert | student | improvement | standards- |
| | development | scale) | perception of | across | based |
| | (critical | | graduate | iterations; no | assessment |
| | thinking, | | attribute | formal p-value | |
| | reflection) | | development | | |
| | | | over | | |
| | | | successive | | |
| | | | course | | |
| | | | iterations | | |
| Lebrón et al. | Strategic | Project | Enhanced | Descriptive | Project-based |
| (2020) | management | evaluation | critical | results; | evaluation + |
| | skill application | + surveys | thinking, | qualitative | qualitative |
| | via live case | | teamwork, and | support | survey analysis |
| | competition | | strategic | | |
| | | | analysis skills | | |

Table 2. Quantitative studies

Studies using regression, SEM, and experimental designs (e.g., Lester et al. (2005), Masui and De Corte (2005), Narayanan et al. (2010), Zhang et al. (2024)) reported statistically significant results (p < 0.05), demonstrating gains in reflection and intrapreneurship skills, student satisfaction and engagement, perceived career improvements. Other studies, like Berdrow and Bird (2018) and Emblen-Perry (2019), provided only descriptive results without inferential statistics.

RQ2: To what extent can educational technologies improve business student learning and employability?

The reviewed studies for RQ2 examine diverse educational technologies aimed at fostering more interactive, practice-oriented, and student-centered learning experiences. Computer-based simulations emerge as the prominently used technology (graph 4). For instance, Riivari et al. (2021) utilized the Novicraft simulation game to enhance teamwork, communication, and decision-making skills, while Seethamraju (2011) implemented the ERPsim simulation using SAP software to develop business process orientation and analytical skills. Similarly, Lohmann et al. (2019) employed total enterprise simulations to integrate decision-making across business functions, demonstrating their positive effect on teamwork

quality, problem-solving abilities, and student satisfaction. Zadeh et al. (2018) incorporated SAS Enterprise Miner into an introductory MIS course to develop students' skills in data visualization, association rule mining, and network analysis. Likewise, Saber and Foster (2011) used the MAmetrics online system to improve students' grasp of marketing metrics, illustrating that digital platforms can significantly strengthen students' applied knowledge and real-world readiness. McCarthy et al. (2021) introduced an intercollegiate podcasting project where students collaborated remotely using Skype and online platforms, leading to enhanced communication skills, remote collaboration competencies, and professional confidence. In a similar vein, Canhoto and Murphy (2016) discussed the Google Online Marketing Challenge (GOMC) as an experiential, technologymediated project, where students planned, executed, and analyzed real digital marketing campaigns, thereby developing digital literacy, teamwork, and analytical skills essential for modern employment. Further, interventions such as the Metaverse-based learning environment analyzed by Galindo-Manrique et al. (2024) indicate the growing importance of immersive virtual environments. Their study found that the use of VirBela's virtual campus positively influenced student engagement, knowledge retention, and attitudes towards technology adoption in educational contexts. Despite the clear benefits, some limitations are noted. Friehs and Craig (2008) reported mixed results regarding the effectiveness of an online streaming tutorial for financial database usage: while students appreciated its clarity and accessibility, many still preferred face-to-face instruction for complex tasks. Similarly, Rienzo and Han (2011) found that although ERP software exercises enhanced students' appreciation for business process integration, they produced only marginal objective learning gains in detailed business process knowledge. The most recurrent developments in employability skills include enhanced

teamwork, communication, decision-making, leadership, and digital literacy. Regarding student learning, technological interventions fostered critical and reflective thinking and strengthened students' autonomy and confidence. The effective integration of technology in education fosters active, situated learning and supports the development of twenty-first century skills (Consoli et al., 2024; Zou et al., 2025). Moreover, technological tools nurture adaptability, digital fluency, and lifelong learning capacities which are crucial attributes in a labor market increasingly characterized by digital transformation and constant innovation (Denisov, 2025; Goglio, 2025).

Structured narrative synthesis of quantitative results

Table 3 graphically syntheses the results of the quantitative and mix-methods studies.

| Study | Measured Outcome | Data Type | Main Results | Significance | Analytical Method |
|---------------------------------------|---|--|--|---|---|
| Friehs & | Effectiveness | Survey | Positive | Descriptive | Survey + |
| Craig (2008) | of online | responses + | perceptions but limited skill | only | descriptive |
| | library instruction | knowledge test | retention (30% success) | | statistics |
| Saber & Foster (2011) | Acquisition of marketing metrics skills | Pre-test, final exam comparison | Improved understanding of marketing metrics after course iterations | Paired sample t- test (p < 0.05) | Quasi- experimental pre-post analysis |
| Seethamraju (2011) | Process orientation and ERP skills development | Survey + case study feedback | Significant improvement in integrative skills and deep learning | Descriptive + some inferential | Mixed- method evaluation |
| Tan & Morris (2006) | Impact of laptop program on lifelong learning | Survey- based learning outcomes metric | Positive effect on self- directed learning behaviors | Regression models (p < 0.05) | Survey analysis + regression |
| Beckem & Watkins (2012) | Engagement and deep learning via simulations | Pilot test results + feedback survey | Higher engagement and deeper learning reported after simulations | Descriptive analysis | Survey feedback + qualitative analysis |
| Galindo- Manrique et al. (2024) | Adoption of Metaverse in Higher Education | Survey + SEM | Performance expectancy, effort expectancy, and social influence significantly predicted adoption | p < 0.05 | Structural Equation Modeling (SEM) |
| McCarthy et al. (2021) | Engagement through intercollegiate podcasts | Survey (Likert) + qualitative | 95% students reported increased engagement and learning | Descriptive only | Survey + qualitative content analysis |

| Kyng et al. (2013) | Use and relevance of software in quantitative disciplines | Survey of academics | Spreadsheet use enhances learning and is key to employability | Descriptive | Descriptive survey analysis |
|--------------------------|---|----------------------------|---|--------------|---|
| Lohmann et al. (2019) | Teamwork, learning outcomes, satisfaction via simulations | Survey (n=365) + SEM | Simulations improve learning outcomes and satisfaction via authentic teamwork | p < 0.05 | Structural Equation Modeling (SEM) |
| Rienzo & | ERP hands-on | Pre/post | Self-reported | Mixed (self- | Repeated |
| Han (2011) | experience and | test + survey | understanding | report | Measures |
| | business | | improved, no | significant) | ANOVA + |
| | process | | statistical gain | | TAM survey |
| | learning | | in knowledge | | |
| Zadeh et al. | Understanding | Survey + SAS | Hands-on | Descriptive | Project-based |
| (2018) | business | project | analytics | | learning |
| | analytics in | feedback | project | | feedback |
| | first-year | | enhanced | | |
| | students | | awareness and | | |
| | | | engagement | | |

Table 3. Quantitative studies

The statistical results from the studies show that some interventions produced significant improvements in marketing metrics skills (Saber & Foster, 2011), self-directed learning behaviors (Tan & Morris, 2006), and teamwork satisfaction through simulations (Lohmann et al., 2019) all reported p-values < 0.05. Studies using SEM (Lohmann et al., 2019; Galindo-Manrique et al., 2024) confirmed key predictive relationships. However, some studies, such as Friehs and Craig (2008) and Rienzo and Han (2011), offered only descriptive results or mixed findings, with positive perceptions but limited objective skill gains.

RQ3: To what extent can Faculty Development Initiatives (FDIs) improve business student learning and employability?

The reviewed studies for RQ3 examine some FDIs implemented within business education. Lindsay et al. (2023) explored how marketing instructors' tacit theories about effective teamwork translated into adaptive teaching strategies. Their development of the Adaptive Cultivation of Effective Teams (ACET) framework underscores the role of faculty training in dynamically managing group learning processes to foster collaboration and interpersonal skills. Similarly, Pereira and Felicetti (2022) examined faculty-led adoption of competency-based education (CBE) practices, demonstrating that intentional pedagogical design aimed at promoting critical thinking, problem-solving, and communication skills can

substantially increase student engagement and active learning. Other initiatives also involved embedding industry and real-world experience into curricula, facilitated by faculty partnerships with professional bodies. Poston and Richardson (2011) described a project management minor program developed in collaboration with the Project Management Institute (PMI), where faculty incorporated projectbased learning mentored by industry practitioners. This approach not only strengthened students' technical and leadership skills but also enhanced their readiness for professional project management environments. Breslow (2015) documented a structured, active-learning based approach to teaching communication at MIT, treating it as a skill to be systematically developed rather than an innate ability. Through iterative assignments and feedback loops, faculty were able to scaffold students' critical reflection and metacognitive growth, illustrating how structured pedagogical support can make communication competencies as teachable as technical knowledge. The study of Hijazi and Zoubeidi (2017), who surveyed teaching practices in business statistics across the MENA region, highlighted a widespread underutilization of active learning methods, despite recognition of their potential, and stressed the need for further faculty training to integrate technology and context-specific materials into teaching. Similarly, Liton (2015) emphasized that business-focused English for Specific Purposes (ESP) instructors require better training to align course content with realworld communication demands, advocating for a more learner-centered, pragmatic curriculum redesign.

In terms of employability skills, interventions typically led to enhanced teamwork, communication, critical thinking, problem-solving, and leadership capabilities. Students reported greater readiness to engage in interdisciplinary teams, manage real-world projects, and apply reflective and strategic thinking in professional contexts. Regarding student learning, the initiatives contributed to the development of reflective practices, metacognitive awareness, and deeper conceptual understanding.

These initiatives reflect a growing recognition that faculty professional development is a critical lever for improving educational practices and aligning learning outcomes with the demands of the contemporary workplace (Iqbal et al., 2024; Dicataldo & Dipace, 2025). Indeed, institutional efforts to improve teaching quality and academic communities increasingly emphasize continuous professional development of the faculty. Ongoing training helps educators refine methods and meet evolving educational needs, directly benefiting student learning and

employability. FD programs (FDPs) ensure graduates gain both theoretical and practical skills aligned with industry demands. Moreover, the rise of AI in education highlights the need for faculty to continually update their skills to effectively integrate AI tools in their practises (Boubker, 2024). Despite this, very few studies were included in the review and none of them talked about an extensive FD program regarding whole institutions, study programs or courses. In fact, as stated by Wardak et al. (2024), there has been limited and scattered discussion regarding professional development in business education. FDPs have been widely examined in medical education, showing clear benefits in enhancing teaching quality, faculty competencies, and institutional growth. Many studies proved that they support structured, transformative teaching approaches and improve student learning and experience (Cotta et al., 2024). Similar positive outcomes have been reported in other fields, such as engineering education, where FDPs contribute to better teaching methods and learning outcomes (Dominguez et al., 2025). Interventions in university teaching that are grounded in evidence-based practices foster the advancement of applied research in the field of education, outlining, therefore, the need to take actions in the business education field as well.

Structured narrative synthesis of quantitative results Table 4 graphically syntheses the results of the quantitative and mix-methods studies.

| Study | Measured | Data Type | Main Results | Significance | Analytical |
|----------|----------------|------------------|---------------------|---------------|-----------------|
| | Outcome | | | | Method |
| Hijazi & | Business | Survey | Identified | Descriptive | Survey analysis |
| Zoubeidi | statistics | (questionnaires) | significant gaps in | statistics | and |
| (2017) | education | | statistical | | comparative |
| | quality in | | knowledge and | | benchmarking |
| | MENA | | skills compared | | |
| | | | to global | | |
| | | | standards | | |
| Liton | Alignment of | Teacher survey | Majority | Descriptive | Survey + |
| (2015) | ESP courses | (30 ESP | reported that ESP | statistics | qualitative |
| | with workplace | instructors) | courses poorly | (percentages) | analysis |
| | communication | | align with real | | |
| | needs | | workplace | | |
| | | | communication | | |
| | | | needs | | |
| Sawan | Perception of | Survey + OLS | Lecturer ability | p < 0.05 | OLS regression |
| et al. | teaching | regression | and curriculum | | analysis |
| (2024) | quality and | | significantly | | |
| | generic skills | | predicted | | |
| | development | | development of | | |
| | | | generic skills | | |

Table 4. Quantitative studies

While Hijazi and Zoubeidi (2017) and Liton (2015) mainly provided descriptive statistics identifying skill gaps and misalignments between education and workplace needs, Sawan et al. (2024) applied an OLS regression and found a statistically significant (p < 0.05) positive relationship between lecturer ability, curriculum quality, and the development of students' generic skills. Thus, only Sawan et al. (2024) presented inferential statistical evidence supporting their conclusions.

Conclusions

This systematic narrative review examined the main teaching and learning approaches (T&LAs), educational technologies (ETs), and faculty development initiatives (FDIs) applied in business education and how they may improve students' learning outcomes and employability. The analysis highlighted that experiential, project-based, collaborative and reflective pedagogies play a significant role in fostering critical skills such as teamwork, communication, adaptability, and leadership. Similarly, the thoughtful integration of educational technologies can enhance students' digital fluency, engagement, and ability to apply knowledge in practical contexts. Faculty development initiatives, although less represented in the literature, showed potential to indirectly impact student success through improved instructional design and active learning strategies.

However, the review also revealed some limitations. Firstly, a limited number of studies were found regarding ETs and especially FDIs, which weakens the generalizability of the conclusions in these areas. Secondly, due to the methodological heterogeneity and the lack of consistent statistical data across studies, it was not possible to conduct a formal meta-analysis. Most of the quantitative studies either lacked effect sizes or provided only descriptive insights, limiting the robustness of the evidence base.

Future research should focus on expanding empirical investigations, particularly into educational technologies and comprehensive, institution-wide faculty development programs. There is also a need for more standardized, comparable quantitative data to enable meta-analytic approaches and to strengthen the evidence on the impact of these interventions. Advancing research in this direction is essential to better inform policy and practice in business education and to align educational strategies with the evolving demands of the global labour market.

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Appendix 1 Search string by database

| Research Question | Database | Search string | Filters |
|-------------------|--------------|---|---|
| RQ1 Scopus | | ("MBA student*" OR "Business School* student*" OR "business education student*" OR "business | 1 |
| | W4237847333V | education graduate*" OR "business education" OR "business school*") AND "experiential | |
| | | learning" AND ("student* learning" OR "academic performance" OR "student* achievement" OR | |
| | | "learning outcome*") AND ("employability" OR "employability skill*" OR "career success" OR "job | |
| | | placement" OR "work readiness") | |
| | ERIC | ("MBA student*" OR "Business School* student*" OR "business education student*" OR "business | Higher education, Journal articles. |
| | | education graduate*" OR "business education" OR "business school*") AND "experiential | |
| | | learning" AND ("student* learning" OR "academic performance" OR "student* achievement" OR | |
| | | "learning outcome*") AND ("employability" OR "employability skill*" OR "career success" OR "job | |
| | | placement" OR "work readiness") | |
| | JSTOR | ("business education" OR "business school*") AND "experiential learning" AND ("student* | Journal articles, Business, Education, Englis |
| | | learning" OR "learning outcome*") AND employability | Open Access. |
| RQ2 | Scopus | ("MBA student*" OR "Business School* student*" OR "business education student*" OR "business | / |
| | | education graduate*" OR "business education" OR "business school*") AND "educational | |
| | | technology" AND ("student* learning" OR "academic performance" OR "student* achievement" | |
| | | OR "learning outcome*") AND ("employability" OR "employability skill*" OR "career success" OR | |
| | | "job placement" OR "work readiness") | |
| | ERIC | ("MBA student*" OR "Business School* student*" OR "business education student*" OR "business | Higher education, Journal articles. |
| | | education graduate*" OR "business education" OR "business school*") AND "educational | |
| | | technology" AND ("student" learning" OR "academic performance" OR "student" achievement" | |
| | | OR "learning outcome*") AND ("employability" OR "employability skill*" OR "career success" OR | |
| | | "job placement" OR "work readiness") | |
| | JSTOR | ("business education" OR "business school*") AND "educational technology" AND ("student* | Journal articles, Business, Education, Englis |
| | | learning" OR "learning outcome*") AND employability | Open Access. |
| RQ3 | Scopus | ("MBA student*" OR "Business School* student*" OR "business education student*" OR "business | 1 |
| | | education graduate*" OR "business education" OR "business school*") AND ("faculty | |
| | | development" OR "teacher professional development") AND ("student* learning" OR "academic | |
| | | performance" OR "student* achievement" OR "learning outcome*") AND ("employability" OR | |
| | | "employability skill*" OR "career success" OR "job placement" OR "work readiness") | |
| | ERIC | ("MBA student*" OR "Business School* student*" OR "business education student*" OR "business | Higher education, Journal articles. |
| | 5.55505 | education graduate*" OR "business education" OR "business school*") AND ("faculty | |
| | | development" OR "teacher professional development") AND ("student* learning" OR "academic | |
| | | performance" OR "student* achievement" OR "learning outcome*") AND ("employability" OR | |
| | | "employability skill*" OR "career success" OR "job placement" OR "work readiness") | |
| | JSTOR | ("business education" OR "business school*") AND ("faculty development" OR "teacher | Journal articles, Business, Education, Englis |
| | | professional development") AND ("student* learning" OR "learning outcome*") AND employability | Open Access. |

Appendix 2 Included papers

| Author(s), year | Population | Intervention | Outcome | Study design | Statistical Analysis |
|---------------------------------|--|--|--|---|----------------------|
| Fang & O'Toole (2023) | Undergraduate business students enrolled in a final-year capstone course at a large public university in Australia | The integration of SDGs using (EEPBL) approach | Increased awareness and understanding of SDGs Development of employability skills (critical thinking, teamwork, problem-solving, research, project management) | Thematic analysis of reflective essays; in-depth semi-structured interviews; data triangulation | / |
| Hartog & Frame (2004) | Undergraduate students at Middlesex University Business School in North West London | An integrated experiential learning approach to teaching business ethics | Development of moral sensibility, critical thinking, emotional intelligence, and ethical decision-making. Improved reflective judgement, communication, and teamwork. | Qualitative, case study- based research involving | / |
| Butler & Zander (2008) | University-level business students participating in international business (IB) courses | The introduction and application of the 4 Cs Model for working in multicultural teams | Interpersonal and intrapersonal skills Conflict resolution Team effectiveness Creative problem-solving | Action research Literature synthesis Reflective analysis of long- term teaching | / |
| Dixon (2014) | MBA students at the University of Tampa | A holistic experiential MBA leadership course integrating | Enhanced leadership Self-awareness Improved team dynamics and communication | Descriptive, reflective case study | / |
| Giraud-Carrier et al. (2021) | Undergraduate business students enrolled in supply chain and decision sciences programs | Implementation of SPARRING | Improved critical thinking, problem-solving, teamwork, and communication skills Increased student engagement, confidence, and career readiness | Conceptual and instructional design model development study | / |
| Lantu et al. (2022) | Business students enrolled in the School of Business and Management at ITB (Bandung, Indonesia) | Experiential learning-based internship program at start- ups | Development of communication, decision- making, tearmwork, leadership, emotional intelligence integrity, social responsibility skills | Qualitative case study with an interpretative approach | / |

| Lau et al. (2019) | Undergraduate business students from a foreign private university in Malaysia | Two three-day academic fieldtrips to Malaysian tropical rainforests, taken six months apart | Development of soft skills, emotional and cognitive competencies, social competence and voice | Qualitative, longitudinal exploratory case study | / |
|------------------------------|--|--|---|---|---|
| Liu & Olson, (2011) | Undergraduate and MBA business students at the University of La Verne | Implementation of a real- client consulting project to the business | Enhanced strategic thinking, decision- making skills Real-world problem-solving, teamwork, communication, and presentation skills, confidence and career readiness | Descriptive, qualitative case study design | / |
| Perusso et al., (2021) | Business undergraduate students at a Brazilian university | The Action Learning (AL) methodology in a Management Experience Program (MEP) | Business knowledge: theoretical and practical understanding of management Soft skills: communication, collaboration, problem-solving Attitudes: self-efficacy, self- awareness, proactivity | Qualitative, single case study | / |
| Reid et al., (2020) | Undergraduate finance students at a small business school | A student-managed investment fund (SMIF) program | Investment knowledge and technical skills Real-world application of finance theories Professional development and career readiness | Descriptive case study | / |
| Thompson & Noble (2017) | Senior undergraduate business students at a large northeastern U.S. business school | Introduction of team member change during the midpoint of a team-based business simulation | Adaptability to change Emotional management and processing of team disruptions Enhanced communication, coordination, and team integration skills Preparedness for workforce transitions | Descriptive, experiential pedagogical case study | / |
| Watland & Santori (2014) | MBA students at Saint Xavier University's Graham School of Management | Use of four structured Improv exercises to build teamwork and collaboration skills | increased student awareness and application of teamwork process skills | Descriptive pedagogical case study | / |
| | | | | | |
| Costin et al., (2018) | Postgraduate students enrolled in the Master's in International Entrepreneurship Management program at the University of Limerick | Students participated in a Business Simulation module where they used SimVenture, a computer- based simulation game | improvement in Decision-Making Problem-Solving Risk Management Communication and Teamwork | Exploratory Case Study, based on a qualitative methodology. | / |
| Hammer & Green (2011) | First-year university students enrolled in a compulsory Management unit at a large, multi- campus Australian university | Redesign of a major assessment task in the Management unit to specifically scaffold the development of critical thinking skills | Identify management problems in case studies. Find and critically engage with academic literature. Develop structured and logical arguments. Reflect critical thinking development through writing | Case study with an observational and reflective approach | / |
| Houldsworth et al. (2024) | Master's level students enrolled in a Senior Leadership Apprenticeship (SLA) programme at a business school in South-East England (UK) | Implementation of a co- designed peer review process in the Personal Development (PD) module | Improved reflective writing quality in summative assignments | Case study approach | / |
| Berdrow & Bird (2018) | Undergraduate business students at Bentley University, USA | The Intercultural Effectiveness Program | Enhanced self-awareness, global mindset, relationship-building ability, emotional resilience. Development of personal growth plans and career preparedness in global contexts | Longitudinal mixed- methods design | Longitudinal analysis Comparative analysis Correlation analysis Benchmarking |
| Lester et al. (2005) | Undergraduate business students from a midwestern U.S. university; corporate recruiters; community service project supervisors | Participation in a mandatory service-learning program | Students gained practical skills, interpersonal skills, a sense of citizenship, and personal responsibility | Cross-sectional, mixed- methods study | Descriptive statistics and correlation matrices Exploratory and confirmatory factor analysis (EFA & CFA) Structural Equation Modeling (SEM) (via LISREL) |
| Narayanan et al. (2010) | Undergraduate students in a business degree programs from a university in Portugal | Participation in a structured internship program | Student learning and skill development | Exploratory, cross- sectional study using survey data | Partial Least Squares (PLS) Structural Equation Modeling (SEM) using PLS-Graph software |

| Parker et al. (2008) | MBA students from Boston University and Griffith University (Australia) | Implementation of peer coaching as a formal component in MBA courses | Satisfaction with the peer coaching experience Contribution to professional development | Cross-sectional survey study, with both quantitative and qualitative data | Zero-order correlations among relational variables and outcomes Multiple regression analyses |
|-------------------------------|--|---|--|--|---|
| West et al. (2021) | Finance educators and finance students at Griffith University, Australia | Integration of Bloomberg terminals as a work- integrated learning (WIL) tool | Level of engagement Perceived usefulness Student skill development | Descriptive, cross- sectional, mixed-methods study | Descriptive statistics |
| Al-Shammari (2022) | Undergraduate students enrolled in a Supply Chain Management (SCM) course at a university in Bahrain | Implementation of a blended, experiential learning approach | Development of Cognitive skills Affective skills Interactive skills | Exploratory, cross- sectional quantitative study | Descriptive statistics Inferential statistics |
| Arora (2012) | Undergraduate students enrolled in an Advertising course at a HBCU in the United States | Implementation of the Ad- SCM Experiential Lab Game | Improved team dynamics, creative and media strategy skills, and reflective learning Demonstrated transfer of learning from academic to organizational contexts | Exploratory, longitudinal case study design | Descriptive statistics Qualitative analysis |
| Bakhru (2018) | Management students from business schools in the National Capital Region (NCR) of India | Evaluation and alignment of teaching and learning methods with intended learning outcomes | Experiential learning had the highest alignment with learning outcomes. Followed by project-based learning, fieldwork, problem- based learning, and simulation and games | Cross-sectional, descriptive, applied research using QFD methodology | Descriptive statistics Matrix-based analysis |
| Cowley (2017) | Undergraduate marketing strategy students and online MBA marketing students at Western Michigan University | Implementation of the BuzzFeed Marketing Challenge (BMC) | Gaining experience in social media, analytics, and digital product creation Developing campaign management skills | Applied, real-world classroom project | Descriptive statistics Qualitative analysis |
| Elijido-Ten & Kloot (2015) | Undergraduate accounting students from an Australian university | A Work-Integrated Learning (WIL) program | Development of students' technical and soft skills Increased confidence, clarity in career goals, and readiness for professional employment | Exploratory qualitative case study | Descriptive statistics Thematic qualitative analysis |
| | | | | | |
| Emblen-Perry (2019) | Business Management undergraduates at a UK university | A sustainability audit-based module operated as a "Living Lab" | Sustainability knowledge Employment-related skills Life and career skills | Mixed-methods longitudinal study | Quantitative analysis Qualitative analysis |
| Freyn et al. (2021) | Undergraduate business students | Implementation of the Collaborative Engagement Experience-Based Learning (CEEBL) framework in a CI course | Increased student engagement, collaboration, and critical thinking Development of real-world skills | Mixed-methods exploratory study | Descriptive statistics Reliability testing |
| Kaufman et al. (2011) | International business education professionals across U.S. institutions | Evaluation and comparison of four types of experiential foreign study programs | Study Abroad scored highest on Cultural Impact International Internships scored highest on International Business Skill Development GMPs in developing business skills | Survey-based cross- sectional study | Factor analysis Reliability testing |
| Inamdar & Roldan (2013) | MBA students at a large west coast university | A capstone strategy course using | Students learned: Practical skills best Reflective skills the least across all groups | Mixed-method study: Quantitative analysis of student case study responses | Descriptive statistics ANOVA and t-tests |
| Masui & De Corte (2005) | First-year university students enrolled in business economics at a Flemish university, Belgium | A structured training intervention focused on learning to reflect and attribute constructively | Improvement in reflection and attribution skills Academic performance Greater self-regulation and transfer of skills to other courses | Quasi-experimental design with matched groups | t-tests for paired and independent samples |
| Rahma et al. (2020) | Diploma students from the Faculty of Business, Multimedia University (MMU), Malaysia | Implementation of the Scaffolding teaching method | Professional grooming Workplace etiquette Responsibility, confidence, teamwork, and communication skills Increased student engagement, satisfaction, and class participation | Descriptive study | Descriptive statistics |
| Reynolds et al. (2013) | Students enrolled in three professional school courses at Portland State University | Implementation of creative classroom projects | Increased engagement Better understanding Appreciation of the role of creativity in professional contexts | Cross-sectional, mixed- method study | Descriptive statistics Qualitative thematic analysis |

| Rupavijetra et al. (2022) | Undergraduate students enrolled in the Business Education Program at the Faculty of Education, Chiang Mai University, Thailand | A specially designed collaborative project-based learning model | Development of career skills, entrepreneurship competencies and self- employment project experience | Descriptive research design incorporating action research elements | Descriptive statistics Content analysis |
|--------------------------------------|---|--|---|---|---|
| Tambunan et al. (2024) | Undergraduate students enrolled in entrepreneurship and digital business programs at Universitas Negeri Medan, Indonesia | Implementation of the case method using Micro, Small, and Medium Enterprise (MSME) case studies | Development of intrapreneurship skills | Field experimental design with post-test only for both experimental and control groups | Descriptive statistics Mann-Whitney U Test Partial Least Squares Structura Equation Modeling (PLS-SEM) Validation metrics |
| Treleaven & Voola (2008) | Postgraduate students enrolled in a Marketing Strategy course within the Master of Commerce program at the University of Sydney, Australia | Integration of graduate attributes into the course design using the principle of constructive alignment | Increased critical thinking, reflective thinking, and independent learning | Action research approach | Descriptive statistics Independent samples t-tests Reliability checks Qualitative analysis |
| Lebrón et al. (2020) | Undergraduate business students enrolled in a capstone Strategic Management course at Towson University | A live case competition | Improved strategic thinking, critical analysis, teamwork, and presentation skills High student engagement, increased course satisfaction, and career development | Longitudinal descriptive case study | Descriptive statistics Correlation analysis Regression analysis |
| Zhang et al. (2024) | Senior-level undergraduate business students at a southwestern U.S. university | A business analytics course utilizing RapidMiner | Understanding of business analytics concepts and techniques Positive attitudes toward business analytics Engagement, learning interest, satisfaction, and intention to continue learning analytics | Quantitative, longitudinal survey-based study | Paired-sample t-tests |
| Cheng et al. (2020) | Undergraduate students enrolled in accounting or finance majors at a Hong Kong university | Participation in a group capstone project | GPA diversity within a group was positively related to performance. Nationality diversity negatively impacted project grades. Mastery orientation positively predicted better outcomes | Quantitative observational study using a cross-sectional design with a single cohort | Stepwise multiple regression analysis |
| Cheng et al. (2020) | Undergraduate students enrolled in accounting or finance majors at a Hong Kong university | Participation in a group capstone project | GPA diversity within a group was positively related to performance. Nationality diversity negatively impacted project grades. Mastery orientation positively predicted better outcomes | Quantitative observational study using a cross-sectional design with a single cohort | Stepwise multiple regression analysis |
| Ferreras- Garcia et al. (2021) | Undergraduate students enrolled in the Bachelor's Degree in Business Administration and Management at the Universitat Oberta de Catalunya (Spain) | Development of a business plan | Entrepreneurial competencies Generic competencies Instrumental and interpersonal competencies | Quantitative, cross- sectional study | Partial Least Squares Structural Equation Modeling (PLS-SEM) |
| Ismail et al. (2018) | Undergraduate business students in Malaysia | Teacher-centered approach Experiential learning | Subjective learning outcomes: Self-perceived entrepreneurship and managerial skills Objective learning outcomes: Business case essay and exams | Quasi-experimental study | Exploratory Factor Analysis (EFA) Multiple regressions |